



Product Details for Original Granola Cereal

Description:	A hearty granola cereal made with whole grain rolled oats and molasses.
Manufacturer:	McKee Foods Corporation
UPC:	0 24300 09799 7
Product Groups:	Bread/Grain Equivalents & Breakfast
Shelf Life:	180 Days
Serving Size:	1/2 cup (56 g)
Servings Per Case:	101
Case Weight:	12 lb. 8 oz. (5.67 kg)
Packaging Format:	4 Bulk Bags
Product Features:	Each serving contains zero grams of trans fat, is a good source of fiber and provides 30 grams of whole grains.



Kosher:	Kosher Dairy
Ingredients:	WHOLE GRAIN ROLLED OATS, EVAPORATED CANE SYRUP, EXPELLER PRESSED CANOLA OIL, DEFATTED WHEAT GERM, OAT FLOUR, BROWN RICE SYRUP, MOLASSES, SALT, NATURAL FLAVOR, CORN STARCH, SOY LECITHIN.
Allergy Information:	CONTAINS WHEAT AND SOY. TREE NUTS MAY ALSO BE PRESENT IN THIS PRODUCT.

Nutrition Facts

Serving Size 1/2 Cup (56g)
Servings Per Container About 101

Amount Per Serving	Cereal with 1/2 Cup Skim Milk	
	Cereal	Skim Milk
Calories	240	280
Calories from Fat	50	50
% Daily Value**		
Total Fat 6g*	9%	9%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 120mg	5%	8%
Potassium 200mg	6%	11%
Total Carbohydrate 41g	14%	16%
Dietary Fiber 3g	12%	12%
Sugars 13g		
Protein 5g	10%	18%
Vitamin A	0%	4%
Vitamin C	0%	0%
Calcium	4%	20%
Iron	8%	8%

*Amount in cereal. One-half cup of skim milk contributes an additional 40 calories, 65mg sodium, 6g total carbohydrate (6g sugars), and 4g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Always refer to the product package for the most accurate nutrition information and up-to-date list of ingredients. Paper copies of ingredients or nutrition information may quickly become obsolete as recipe and packaging changes are made. If concerned with food allergies, do not rely on this document for purchase – refer to the product package.